# **Press Release**



March 11,2025

To Whom It May Concern

### NIPPON STEEL TRADING CORPORATION

# The Sixth Consecutive Year as a Certified Health and Productivity Management Outstanding Organization (Large Enterprise Category)

Nippon Steel Trading Corporation (hereinafter referred to as "our company") has been recognized for the sixth consecutive year as a "Certified Health and Productivity Management Outstanding Organization (Large Enterprise Category)" under the health management excellence corporation certification system jointly selected by Japan's Ministry of Economy, Trade and Industry (METI) and the Japan Health Council.

Our company, as part of our efforts in human capital management, has been promoting initiatives to further enhance health management, aiming to maintain and improve the health of our employees, with the company, the Human Resources Department, the Medical Office, and the Health Insurance Association working together in a tripartite effort.

We will continue to upgrade our work-life balance and health-conscious measures and strive to strengthen health management towards becoming a strong growth company that contributes to society.

## **(Health Management Initiatives for Fiscal Year 2024)**

- 1) Further Leveling Up of Continuous Efforts (Partial List)
  - Enhancement and thorough implementation of lifestyle improvement guidance by industrial physicians and nursing staff
  - Implementation of cancer screenings for "breast," "cervical," "colorectal," "stomach," and "lung" (maintaining a high screening rate of over 90%)
  - Expansion of interviews by industrial physicians and placement of external counselors as mental health measures, support for high-risk organizations, and holding seminars on line management
  - Implementation of web seminars addressing female-specific health issues (Female Care)
  - •Hosting a physical fitness measurement event, "How old is your current physical strength?" (held in October)



#### 2) New Initiatives

- •Creation of a "Health Management App" on the company intranet (March 2025)
  We posted an app on the company intranet that consolidates internal health information, allowing employees easy access to and acquisition of health information.
- •Introduction of the 1Minute 1Action (one-minute behavioral change video service) (September)

We introduced this service aiming to increase employees' interest in health and provide an opportunity to establish healthy living habits with the goal of reducing the risk of lifestyle-related diseases. By providing reliable and high-quality health information to employees and supporting the "improvement of health literacy," we promote behavioral change among employees, which will lead to healthier, longer-term work and more fulfilling private lives.

Our company regards the improvement of health literacy (physical and mental aspects), the improvement of lifestyle habits, and the response to women's health issues as important management themes. In the next fiscal year, we will continue to expand e-learning, seminars, and training related to these topics to deepen employee understanding.



<reference>

https://www.nst.nipponsteel.com/sustainability/social/well-being.html

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